



TRAINING
WORKSHOP



Understanding Muslim Mental Health: An Introduction to Islamic Culture and Well-being

March 24, 2020

9:00 am – 12:00 pm

**Commonwealth Community Recreation Centre
11000 Stadium Road Northwest**

This workshop aims to provide frontline workers, counsellors, chaplains, and other care providers with the essential knowledge of Islamic beliefs and practices as they pertain to mental health and wellbeing.

Areas of discussion will include a brief overview of global and local Muslim history and demographics, spiritual practices in the Islamic faith, the role of the imam in the care of the community, and local and online social service resources and organizations to aid you in the care of your Muslim clientele.



Facilitator: Ibrahim Long , MA, GCIC

[Register online at Eventbrite](#)

\$35 REACH Member

\$45 non-Member

REACH
EDMONTON
Council for Safe Communities